

Canary
Islands 
LATITUDE OF LIFE

tenerife!
awakens emotions.

Tenerife

Health Destination



BIOSPHERE
certified destination

Medical and wellness tourism

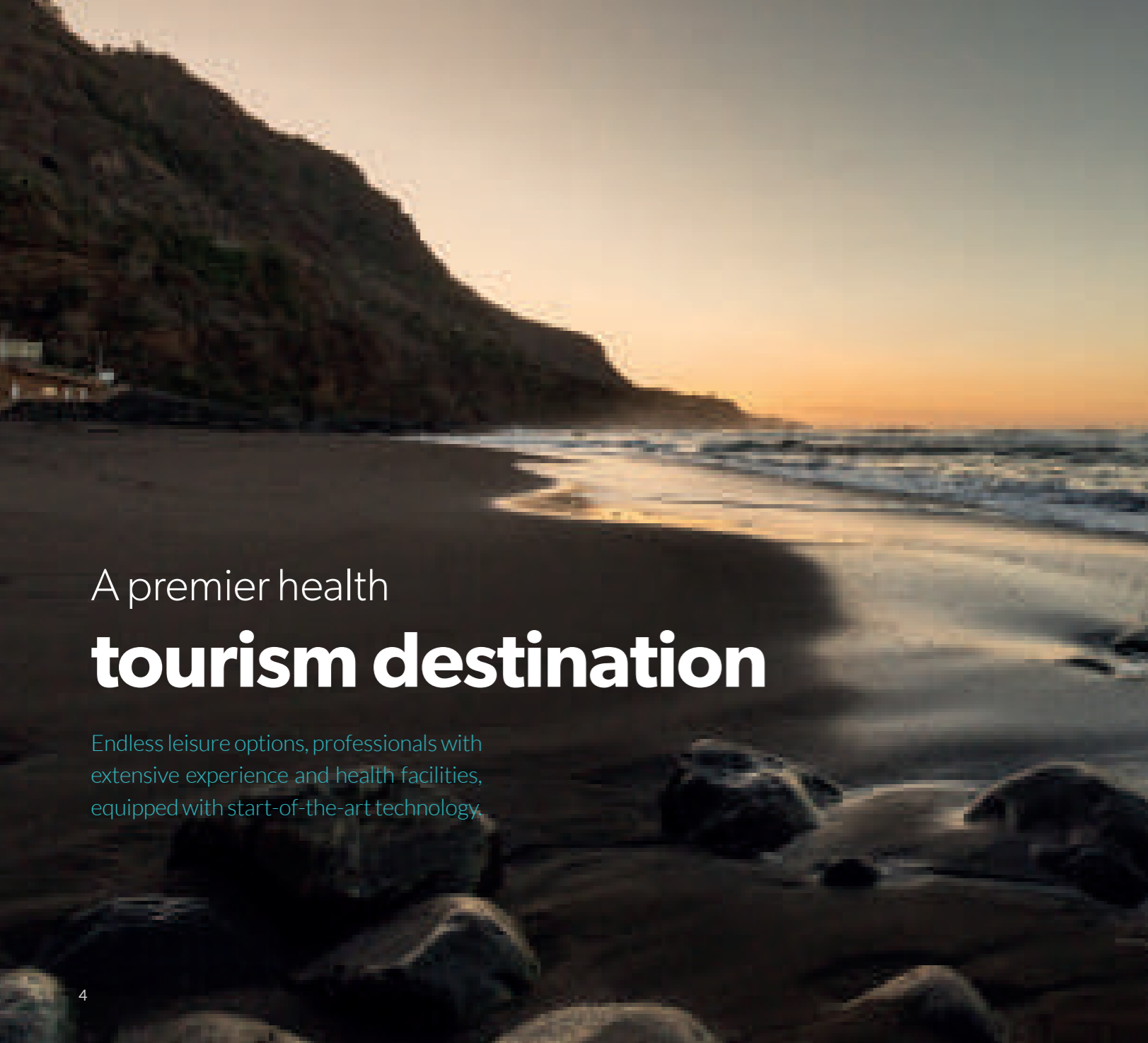
in Tenerife

The qualities of Tenerife, the mainland of the Canary Islands, as a tourist destination are known to the millions of travellers who visit each year. Its major attractions include: an average annual temperature of 22 degrees, a volcanic origin that has given rise to a diverse and stunning natural landscape, endless beaches, among the best and most modern four and five-star hotels in Europe, multiple spa and wellness centres to relax, and its unlimited leisure options. In recent years, the island has also established itself as an ideal destination for receiving top-tier medical or surgical treatment with the fullest assurances.

tenerife!
awakens emotions.

Turismo de Tenerife

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A premier health **tourism destination**

Endless leisure options, professionals with extensive experience and health facilities, equipped with start-of-the-art technology.

10 reasons



Tenerife offers the possibility of a stay that combines **tourism** with **medical** or **surgical** treatment.



It has sanitary facilities equipped with the latest **technological** advances, which meet the highest **medical** and **sanitary** certifications required as a territory of the European Union.



It has an extensive network of **fully-trained** professionals with **extensive** national and international experience.

Treatment in Tenerife facilities offer **significant economic advantages over most countries in Europe and the Americas**, while meeting the highest standards of quality.



Personalised attention in health centres, with interpretation available in up to **eight different languages**.



Specific packages that cover any requirement, including transfers, accommodation for the patient and companions, etc., before, during and after medical treatment.



Air connections with approximately **150 destinations**, especially from Europe, but also from America and Africa, enabling comfortable and quick access to the Island.



A beautiful climate with an average annual temperature of **22 degrees Celsius**, an **astonishing natural landscape**, as well as **endless leisure options**, make Tenerife an ideal place to rest after treatment or operation.



In Tenerife there are **hotels with magnificent spas and treatments**, where you can take advantage of your holidays to invest in health under the supervision of medical professionals, while also resting and relaxing.



Tenerife has two university hospitals where students of the Faculty of Medicine of the University of La Laguna receive training, a **guarantee of academic prestige in health**.



Hospitals, clinics and medical centres



Hospiten

The Hospiten Group is an international hospital network with 50 years of experience. Made up of 20 medical and hospital facilities, distributed in several countries, four of which are in Tenerife:

two in Puerto de la Cruz, one in Playa de las Américas and another in the capital of the island, Santa Cruz de Tenerife.



Quirónsalud

The largest hospital group of Spain, and third in Europe, has two hospitals with more than 200 beds in Tenerife, and these are equipped with the most advanced technology and a team of more than 500 highly qualified professionals covering all medical and surgical specialities.

Quirónsalud Tenerife, located in the capital, and Quirónsalud Costa Adeje, in the south of the island, also stand out for the recognised prestige of their specialists in orthopaedic surgery and traumatology, in plastic, aesthetic and reconstructive surgery and dermatology.

CONTACT

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Hospiten Sur
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CONTACT

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THIS. Tenerife Health International Services

Tenerife Health International Services is the platform specialised in the organisation and promotion of health tourism that brings together some of the finest medical professionals of Tenerife.

The purpose of THIS is to offer and coordinate high-quality specialist medical services along with a dream holiday on an island that is the paradise of eternal spring.



CONTACT

Clínica & Centros Médicos Vida
C/ General Las Arenas, 73
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Tel.: 0034 922 382 317
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clinicasvida@clinicasvida.es

Clínica & Centros Médicos Vida
Urbanización San Miguel
Calle Magnolias 2, La Orotava.
Tel. 922 330550

VIDA. Clinic & Medical Centres

Clinicas Vida has nine medical centres throughout the island and a clinic in the Orotava Valley. Quality medical care, well-established and prestigious professionals, advanced technology in diagnostic tests and superb personal care are its differentiating elements.

They also have a multilingual staff who are specially trained to treat international patients, provide medical care and treat people at home and in hotels.



CONTACT

Clínica Dental El Cedro
C/ Tinerfe el Grande, 21. Local nº 2
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Tel.: 0034 922 781 625
www.clinicaelcedro.com
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El Cedro Dental Clinic

Directed by Dr. Bournay, the El Cedro Dental Clinic was founded in the year 2000 with the aim of offering dental

treatments of superior quality and meet the highest standards in oral health and aesthetics.



CONTACT

Medical Implant
Avda. Los Abrigos, 21 - Los Abrigos
38618 Granadilla de Abona
Tel.: 0034 922 749 742
www.medicalimplant.es
info@dentalturismo.es

Clínica Suiza Medical Implant

Clínica Suiza Medical Implant are specialists in advanced oral rehabilitation and aesthetic medicine. A team with more than 20 years of experience is at

your disposal, ready to provide personalised treatment combined with the scientific standards of major European clinics.





Clínica Dental Luis Naranjo

Since 1989, Luis Naranjo Dental Surgery has been providing its patients with the highest quality preventive and restorative treatments and the most recognised advances in the dental field. Specialties include oral surgery, implantology and bone regeneration, which have made Dr. Luis Naranjo a pioneer of sinus lift techniques and alveolar remodelling in cases of severe sinus atrophy. Patients are welcomed in a relaxed and pleasant atmosphere that exudes calm, and the practice is equipped with the most modern dental equipment. Services: Oral surgery, Implantology, Aesthetic dentistry, Orthodontics, Restorative dentistry, Endodontics, Periodontology, Neuro-occlusal rehabilitation.

CONTACT

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Clínica Dental Naveiras

With over thirty years' experience in its sector, Clínica Dental Naveiras offers both experience and the highest quality in its treatments, thanks to the constant training of every member of staff. Having made an enormous effort, we can today proclaim with pride that our clinic possesses every technical advance that our profession offers, making it a reference in digital technology, which allows us to work together with the world's best centres of dentistry and prosthetics.

CONTACT

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Clínica Dental de la Cuesta

CDC has been providing medical services for nineteen years. CDC currently has some of the best professionals on its staff and has made a clear commitment to investment in new technologies and staff training. It works together with an enormous number of Spanish and international insurance companies and offers excellent and guaranteed post treatment services as well as superb value for money which has captured the loyalty of thousands of patients over the years. Multi-lingual attention: Spanish, English and Italian.

CONTACT

CDC Clínica de la Cuesta
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CIDME. Clinic of Dental Implants and Aesthetic Medicine

CIDME is a multidisciplinary clinic in the field of dentistry, aesthetic medicine, plastic surgery, vascular medicine and hair transplants. They have three centres

in Tenerife: one in, Santa Cruz, another in La Laguna and one recently opened in the south of Tenerife, in the Palm-Mar.



Dialyse Teneriffa

Dialyse Teneriffa, located in a spectacular natural spot with sea views, offers a dialysis treatment service for patients on holiday with the latest technological advances and exclusive services. All of this is done with the objective of guaranteeing that the patient will enjoy his or her holidays to the full.

The monitors used at Dialyse Teneriffa are from the Fresenius Medical Care brand, as well as the filters, lines and other dialysis products. It is open throughout the year, offering patients an integral service, including collection from the airport, transport to the dialysis centre, exclusive breakfasts and special requests.

CONTACT

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CIDME La Laguna
Calle San Juan, N°57, 1°B
38203, La Laguna
Tfno: 0034 922 266 430

CIDME El Palm Mar
Avenida El Palm Mar, N°69, local 7,
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38632, El Palm Mar-Arona
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cidme.com
clinicaestetica@cidme.es

CONTACT

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www.dialyse-teneriffa.com
dialyse-teneriffa@hotmail.com



Bach Care

Bach Care is a primary cardiovascular prevention and cardiac rehabilitation centre, which has the most advanced diagnostic image technology in the world and the first spectral detection medical scanner in Spain, along with the best international medical team of specialists.

The goal of Bach Care is to help people add years to their lives thanks to a comprehensive proposal based on exhaustive diagnosis and behavioural action in an exclusive environment, with real objectives to protect your heart.

CONTACT

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 38687 Guía de Isora
www.bachcare.es
info@bachcare.es

Miranza Clínica Muiños

With our vocation as an integral centre, with expert professionals in all specialised eye and vision fields, we offer you the latest techniques to resolve, in a personalised fashion, everything from minor ocular processes to complex pathologies, whether of the retina, glaucoma, lesions or infections of the cornea, etc.

Our premium technology, along with our surgeons with high-level quality

and safety certifications, allow us to undertake all these procedures with excellence, such as the implant of intraocular lenses, refractive surgery with femtosecond laser and an advanced approach to such processes as cataracts and presbyopia and tired vision. We also offer you the latest techniques in glaucoma, retina and eyelid surgery.

CONTACT

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Health & Wellbeing hotels & Spas

The majority of four- and five-star hotels in Tenerife have outstanding spas where you can rest and relax. Some of them offer different medical services and specialties, in addition to health and beauty treatments. Make the most of your holidays by investing in your health, under the supervision of professionals.



Hotel Botánico & The Oriental Spa Garden

Owing to its elegant and tranquil atmosphere, this five-star deluxe hotel, located in Puerto de la Cruz, is one of the most famous hotels in the Canary Islands. The Oriental Spa Garden, named the Best Hotel with Spa of Europe by the prestigious luxury hotel guide Conde Nast Johansens, offers its clients a unique spa concept, inspired by Asian hospitality

and splendour, with a wide variety of Ayurveda treatments, health, beauty and the special Essence of Wellbeing programme, among others. In addition, it has the special program “Botánico Slim & Wellness”, designed to create a natural balance in the body, lose weight and without going hungry, be able to enjoy top quality food.

CONTACT

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 C/ Richard J. Yeoward, 1
 38400 Puerto de la Cruz
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www.orientalspagarden.com
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Océano Hotel Health Spa

The Ocean Hotel Health Spa -Tenerife is located on the seafront, in a special natural location. The hotel and its Health Spa combine holidays with preventive and regenerative medical care. The power of nature and of the Atlantic, the hospitality, the wide range of therapies treatments,

relaxation and vitality will enhance your experience in the Océano. Here time returns to its natural rhythm to highlight what is essential: living in the present and feeling in harmony with nature, beauty and oneself.

CONTACT

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 C/ Océano Pacífico, 1.
 Punta del Hidalgo
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Iberostar Selection Anthelia & Mayr Kur Space

This five-star hotel located opposite Fañabé Beach, in the south of Tenerife, is ideal for enjoying an unforgettable family holiday or a getaway for two. Its services include the MAYR KUR Treatment, in MAYR KUR SPACE: The Mayr cure seeks to regenerate the body through purging and deep detox.

Because its dynamic is holistic, it not only regenerates the body, but also the soul, spirit and the intellect. This treatment can be combined with an experience of unique sensations through the personalised care treatments in the Spa Sensations, the hydrowellness circuit, massages, body and facial treatments, colon hydrotherapy, etc.

CONTACT

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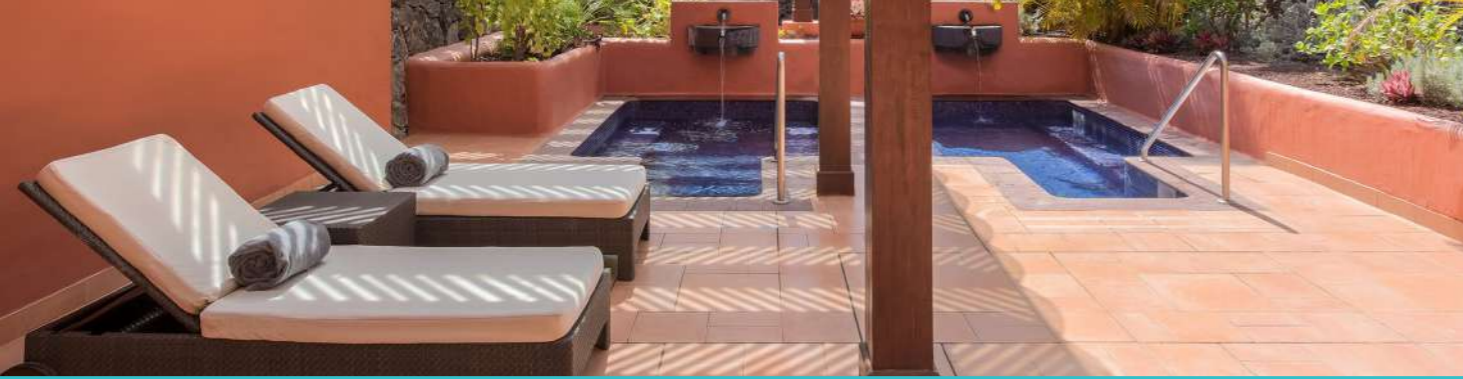
Hotel Bahía del Duque & Bahía Wellness Retreat

The Hotel Bahía del Duque is a haven of exclusivity and personalised service, notably its exquisite cuisine and the extraordinary Bahía Wellness Retreat, a refuge of peace and quiet ensconced in the heart of the Hotel. This unique space, featuring a unique circuit of thalassotherapy in the open air surrounded by gardens, is a sanctuary for disconnecting that offers a world of revitalizing experiences. Bahía Wellness Retreat has a cutting-edge wellness team, so you can enjoy

a 360° wellness experience. Health and energy combine with the best holistic rituals to help you achieve the best version of yourself. Expert therapists and specialists in physiotherapy, osteopathy, acupuncture, aquatic physiotherapy, physical and sports rehabilitation, cellular and orthomolecular nutrition, fitness, meditation and yoga accompany the guest on the road to recovery and well-being, strengthening and balancing body and mind.

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Specialist companies



CONTACT

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 spa@spawellplus.es

Spawellplus

Medical Spa by Spawellplus integrates a concept of health and beauty where the spa is an environment of relaxation and intimacy, so that the result of the aesthetic medical treatment is especially effective. Its secret lies in taking care of the body from the inside out.

Spawellplus has a prestigious aesthetic medical team, physiotherapists, nutritionists, osteopaths, therapists and

beauticians committed to providing an excellent service. In addition, it also includes all the comforts of a Spa & Hotel: airport pick-up, VIP services, privacy and intimacy, availability to be accompanied or assist with the family, accommodation, meal service, gym, etc. Its spas are located in emblematic hotels on the Island (Gran Hotel Roca Nivaria, Sheraton La Caleta Resort & Spa, etc.).

Specialist agencies



CONTACT

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 www.mbestcare.com
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MBestcare

MBestcare is an agency that specialises in sustainable experiences that focus on the physical, mental and spiritual well-being. Their mission is "to help and to care with dedication" for all those people who want to enjoy holidays that are refreshing and revitalising.

Their programmes, designed by a team of scientists, help people to learn to care for themselves, relax and savour local products through a diet put together by top experts in nutrition and neuroscience. All this with accommodation in tranquil and elegant surroundings.

Whatever you seek in Tenerife...

Just ask Goio!

Visit webtenerife.co.uk/goio for all the answers you need during your trip to Tenerife



#TenerifeHealth

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